



MMA
Fresh Produce
Dream International



Fruits and Vegetables



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MMA Fresh Produce



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Orange

Lower acid content than most orange varieties , easily peeled, excellent flavor, earliest maturing.

Citrus fruits are full of great health benefits.

Season: 15/11 : 15/05

Size: 40/48/56/64/72/80
/88/100 /113

Packing:

Telescopic Cartons: 15 Kg

Open Top Cartons: 7.5Kg , 15 Kg

Container Capacity (40 feet): 1 Pallet

Telescopic Cartons 15 Kg: 80 Cartons (per Pallet)
: 64 Cartons per (Euro pallet).

Total: 1664 carton per container

Open Top Cartons 7.5Kg: 140 Carton (per Pallet).
: 112 Cartons (per Euro pallet)

Total: 2912 carton per container

Open Top Cartons 15 Kg: 65 carton (per pallet)
: 39 carton (per Euro pallet)

Total: 1339 carton per container



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Mandarin

Murcott mandarin varieties are known for their attractive appearance and excellent flavor. It is a large variety with the reputation of being sweet. They are also a favorite for juicing.

Season: 15/12 : 15/05

Size: 1x , 2x , 3x , 4x

Packing:

Open Top Cartons : 7.5 KG N.W.

Plastic Box : 6-8 KG N.W.

Count: 42-48-54-60 (per box 7.5 Kg).

Container Capacity (40 feet): 21 Pallets per Container.

Open Top Cartons 7.5Kg: 140 Carton per Pallet.

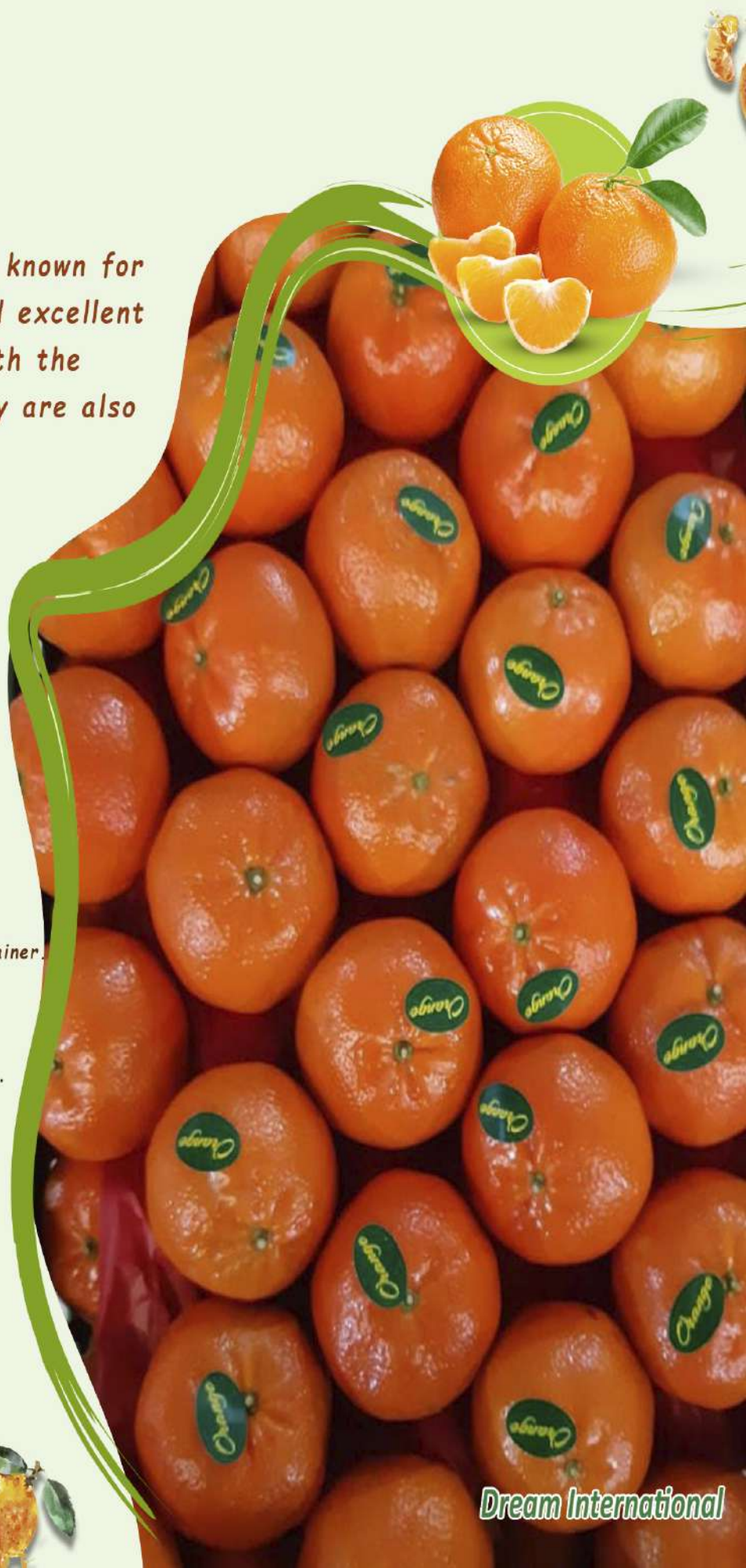
: 112 Cartons per Euro pallet .

Plastic Box 6Kg: 180 Boxes per Pallet.

: 144 Boxes per Euro pallet .

Plastic Box 8Kg: 120 Boxes per Pallet.

: 96 Boxes per Euro pallet .



Grapes

Egyptian grapes Varies comes sweeter while passing of middle of May, and in June is the sweetest Store grapes in their original bag until ready to wash and eat.

Season: 20/05 : 31/08.

Size: 15 - 20 mm

Packing:

1- Loose Carton: 5.0Kg N.W. Carton.

*2- Carry bags: 4.5 kg N.W. Carton.
(9 Bags * 500 grams).*

*3- Punnets : 5.0 Kg N.W. Carton.
(10 punnets * 500 grams).*

Container Capacity(40 feet): 21 pallets per Container

*1- Loose Carton: 170 Cartons (per Pallet).
114 Cartons (Per Euro Pallet).*

*2- Carry bags: 170 Cartons (per Pallet).
114 Cartons (Per Euro Pallet).*

*3- Punnets : 115 Cartons (per Pallet).
92 Cartons (Per Euro Pallet).*



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Pomegranates

Pomegranates are an excellent source of vitamin C, providing 48% of the daily recommended value and 58% of what's needed from vitamin K. Chock-full of minerals, Pomegranates have healthy amounts of fiber to help keep your system regulated, and are one of the fruits nutritionists suggest for weight loss and cholesterol level control.

Season : 01/09 : 15/02

Varieties: Early 116, Baladi, Wonderful

Count : 7-8-9-10-11-12-13-14

Packing:

Open top cartons : 5.0 Kg N.W

Plastic box : 5.0 kg N.W

Container Capacity(40 feet): 18 Tons

Open top cartons : 180 Cartons per pallet

Plastic box : 180 Boxes per pallet



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Watermelon

Watermelon is a sweet and refreshing low calorie summer snack. It provides hydration and also essential nutrients, including vitamins, minerals, and antioxidants. Watermelon is the yummy, flavored fruit and it contains 90% water.

Season: 15/05 : 15/08

*Specification: Green Skin,
Red pinkish color with black seeds.*

Packing:

*Telescopic Cartons 14-15 Kg : 2 Pieces Each
(6.75 Kg - 7.5 Kg).*

Container Capacity (40 feet): 20 (Pallet).

Telescopic Cartons 15 Kg : 80 Carton per Pallet.



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Lemon

Fruit medium-small size, elliptical to oblong commonly with short neck or low collar at base, seeds content variable but usually few to none, Color yellow at maturity.

Season : 15 /11 : 30 /03

Varieties: Eureka, Verna

Size: 72/80/88/100/113/125/138/15

Packing:

Telescopic Cartons : 15 KG. N.W.

Plastic Box : 9 KG. N.W.

Container capacity: (40 feet): 21 Pallet

Telescopic Cartons 15 Kg: 80 Cartons(per Pallet)
: 64 Cartons(per Euro Pallet)

Plastic Box: 120 Boxes (per Pallet).
: 80 Boxes (per Euro pallet)



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Lime

Fruit medium-small size, elliptical to oblong commonly with short neck or low collar at base, seeds content variable but usually few to none, Color yellow at maturity.

Season : 15 /11 : 30 /03

Varieties: Persra

Sizes: All

Packing:

Telescopic Cartons : 15 KG. N.W.

Plastic Box : 9 KG. N.W.

Container capacity: (40 feet): 21 Pallet

*Telescopic Cartons 15 Kg: 80 Cartons(per Pallet)
: 64 Cartons(per Euro Pallet)*

*Plastic Box: 120 Boxes (per Pallet).
: 80 Boxes (per Euro pallet)*



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Red Onion

The Red onion is a cured bulb onion with a deep purple, papery outer skin and slightly red tinted flesh. Red onion's flavor ranges from sweet to pungent depending on its age and variety.

Season: 1/05 : 15/12

Size: 50mm: 100 mm

Packing:

Mesh Bags: 5kg, 6kg, 8kg, 10kg,
15kg, 20kg, 25kg

Jumbo Bag: 1200Kg

Container Capacity: (40 feet)
Mesh Bags: :



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Golden Onion

Onions are a good source of vitamin C and help boost immunity with their many health properties.

They contain chromium, which assists in regulating blood sugar and for centuries, onions have been used to reduce inflammation and heal infections.

Season : 01/02 : 30/06

Sizes: 30 mm: 100 mm

Packing:

Mesh Bags: 5kg ,6kg ,8kg, 10kg, 15kg, 20kg, 25kg

Jumbo Bags: 1200 Kg

Container Capacity(40 feet):

Mesh Bags: 29 / 1160 * 25

Tons upon customer request



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Fresh Garlic

White / Red

Egypt occupies the third place in the production and export of garlic worldwide and one of the most famous cultivars in Egypt is white garlic and red (Chinese) and is exported fresh and dried.

Season: 15/01 : 10/04

Sizes: 40mm: 90mm

Packing:

Plastic Box: 10.0 kg N.W / 11.0 kg G.W.

Mesh Bags: 5.0 kg N.W / 5.1 kg G.W.

Bamboo Bags: 5.0 kg N.W / 5.3 kg G.W.

Container Capacity(40 feet): 20 pallet
per Container

Plastic Box: 88 box per pallet. (17.600 ton)

Mesh Bags: 180 unit per pallet. (18 ton)

Bamboo Bags: 160 unit per pallet.



Dream International

Dry Garlic

White / Red

Egypt occupies the third place in the production and export of garlic worldwide and one of the most famous cultivars in Egypt is white garlic and red (Chinese) and is exported fresh and dried.

Season: 20/04 : 10/07

Sizes: 40mm: 90mm

Packing:

Plastic Box: 10.0 kg N.W / 11.0 kg G.W.

Mesh Bags: 5.0 kg N.W / 5.1 kg G.W.

Bamboo Bags: 5.0 kg N.W / 5.3 kg G.W.

Carton Box: 10.0 kg N.W / 11.0 kg G.W.

Container Capacity(40 feet): 20 pallet
per Container

Plastic Box: 100 box per pallet. (20 ton)

Carton Box: 100 box per pallet. (20ton)



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Potatoes

The Egyptian potatoes are well-known of its good quality whether for the potatoes grown in clay or sandy soil, also well-known of its ability for preservation, the level of solidity and sugar for a period that exceeds twenty days from the day of harvest.

Season : 15/04 : 15/06

Sizes: 55mm Up

Packing:

Mesh Bags: 5 , 8 , 10 , 15 , 20 KG

Container Capacity:(40 feet):

20 Pallet per Container 25 Tons.

Loose: Up to 25 / 30 Tons.



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Capsicum "Peppers"

Brightly colored and sweet flavored, peppers are a versatile vegetable that are eaten both raw and cooked and are used in many different cuisines .

Season: 15/11 : 30/03

Variety: Green, Yellow, Orange, Red.

Packing:

5 Kg Carton/ Plastic Box.

Container capacity: (40" Feet): 20 Pallets

20Pallet X 110 Cartons=2200 Cartons(11 ton)

Shipping: Sea & Air Shipment.



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Chilli Pepper

The chili pepper (also chile, chile pepper, chilli pepper, or chilli), from Nahuatl *chīlli* (Nahuatl pronunciation:[\(About this soundlisten\)](#)), is the berry-fruit of plants from the genus *Capsicum* which are members of the nightshade family, *Solanaceae*.

Season : 01/10 : 30/03

Sizes : 100 gm / 200 gm

Packing:

5 Kg, 10 Kg N.W Bags



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Cherry Tomato

These are much smaller than other tomato varieties and have a very intense sweet flavor. Delicious as a lunchbox snack, in salads or roasted.

Season : 15 /11 : 30 /04

*Sizes: 20 - 25 mm (M)
25 - 30 mm (L)
30 - 35 mm (XL)*

Packing:

*2.25 kg N.W Carton
contains 9 punnets X 250 gr.*

*5200Carton / 20 Pallets - Each Pallet 260 Cartons
104Carton / euro Pallet - Contains 104 Cartons .*

Container capacity (40" Feet): 21 Pallets .

20 Pallets X 260 Cartons = 5200 Cartons

Euro pallet X 104 cartons = 104 cartons

Total 5304 Cartons per container (11934 ton).



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Iceberg Lettuce

Lettuce iceberg is one of the main constituents in salads and is known for its crunchy texture. It has comparatively less nutrients than the other greens that you may find in salads.

Season: 01/09 : 15/04

Packing:

Plastic Box: 7 kg, 30 pieces per box

Container Capacity: (40" Feet), 20 pallet

Plastic Box: 90 box per ballet

Euro Pallet: 60 boxes



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Sweet Potato

Root Vegetables, highly nutritious & naturally grown , Root Vegetables are essential carbohydrates for a healthy diet.

Season : 10/07 : 15/01

Sizes : 300 gm / 600 gm

Varieties: Baladi / Beauregard

Packing:

5 KG / CARTON

6 KG / CRTN

(3400 CRTN / 40" FT Container)



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Artichokes

The artichoke is the immature flower bud of a thistle. It is eaten as a vegetable and is culinary classified as such. The plant is a member of the aster family, and the bud is harvested before it blossoms.

Season: 01/11 : 15/03

Sizes: Small, Medium, Large

Packing:

plastic box: 30 Pieces

Plastic box: 36 Pieces

*Container Capacity(40 feet): 20 pallet
per container*

Plastic Box: 70 Boxes. (per pallet)



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Dry Chilli

Drying chili peppers is an ideal way to preserve an abundant harvest or leftover supply for future use. Dried chillies are very versatile, and when done correctly, you can use them as-is or re-constitute (hydrate) them in water.

Season : 01/10 : 30/03

Sizes : 3 CM / 5 CM

Varieties: Dried

Packing:

25 Kg, 15 Kg, 10 Kg N.W Bags



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