



Cecropia Tea



Health Benefits

- Relieves Asthma
- For upper respiratory problems (coughs, bronchitis, COPD, emphysema, pulmonary sarcoidosis)
- Reduces spasms
- Reduces inflammation
- Kills bacteria
- Kills fungi
- Fights free radicals
- Relieves pain
- Strengthens the heart
- Lowers blood pressure
- Reduces blood sugar
- For Parkinson's disease

Derived from the fresh, unfermented leaves of the *Cecropia surinamensis* plant, it has been praised for its healing power.

Cecropia is native to Central and south America and the West Indies, where it has been consumed as a traditional beverage due to its health benefits for hundreds of years.

Cecropia is being used for healthcare practitioners and herbalists around the world because this plant is not only utilized for respiratory disorders, but also for its cardiogenic and hypotensive properties, antidiabetic activity, and for its use in Parkinson's disease.

Some properties documented by research are: ACE-inhibitor (typically lowers blood pressure), analgesic (pain-reliever), anti-inflammatory, antibacterial, antifungal, antioxidant, antispasmodic, cardiogenic (tones, balances, strengthens the heart), diuretic, hypoglycemic, hypotensive (lowers blood pressure)