



BIHANI ENTERPRISES

**YOUR TRUSTED SOURCE FOR PREMIUM
PSYLLIUM HUSK / POWDER / SEED**

**we are Trader and exporter of premium
Psyllium Husk, committed to connecting
global markets with this versatile and
beneficial dietary fiber.**



OUR PRODUCTS IN PSYLLIUM



PSYLLIUM SEEDS

The tiny treasures nestled within the *Plantago ovata* plant. While the entire plant may offer potential benefits, the real medicinal magic lies within the seed's remarkable outer coating – the Psyllium husk.



PSYLLIUM HUSK

seemingly unassuming fiber derived from the *Plantago ovata* plant, packs a powerful punch when it comes to health benefits. Often overshadowed by flashier ingredients, husk is a natural wonder offering a variety of advantages:

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PSYLLIUM HUSK POWDER

Finely ground version of Psyllium husk, Psyllium husk powder is the pulverized form of husk. Its gradient depends on its sieve size. It is cooling, laxative, antidiabetic, antichronic, soothing, etc.

Psyllium Plant



Psyllium Husk



PSYLLIUM SEEDS

Botanical Names of Psyllium: Plantago Ispaghula, Plantago Ovata

Origin : India
Part Used : Seed
Shelf life : 2 Years



Specification

Color : Light brown to moderate brown

Odor : Faint, characteristic

Taste : Bland, mucilaginous

Total Ash : Maximum 4.0 %

Particle Size : Not More Than 5.0 % on U.S.S. 35#

Acid Insoluble Ash : Maximum 1.0%

Moisture (loss or drying) : Maximum 12.0 %

Foreign Organic Matter : Maximum 0.5 %

Certification : Gluten Free, Non-GMO, Kosher, Halal

Common Names of Psyllium : Flea, IspaghuSpogel, Plantago Psyllium, Isaphgol, Plantago sp., Isabgula, Plantaginis Ovatae Testa a.

Psyllium Other Name: Psyllii semen, Blond Psyllium, Cleansing Plaintain, Natural dietary Fiber, Herbal supplement, Fiber – blend, Laxative, Nutrition- Herbs, Feed Supplement, Pale Psyllium

Isabgol is a herbal medicinal plant cultivated in India mainly in the states of Gujarat, Rajasthan and Madhya Pradesh. The dried ripe seeds of the Isabgol plants referred to as Psyllium seeds or Isabgol seeds are the primary part of the plant used in traditional herbal medicine. Cleaned Psyllium seeds are mechanically processed to obtain main products i. e. Psyllium husk and Psyllium husk powder. Psyllium husk is a coating around Psyllium seeds mainly used to relieve constipation as a natural laxative.

Psyllium seeds itself is made up of 40% Linoleic Acid (LA), an important fatty acid essential to health.

PSYLLIUM HUSK

Botanical Names of Psyllium: Plantago Ispaghula, Plantago Ovata

Origin : India
Part Used : Psyllium Seed
Shelf life : 2 Years



Psyllium Husk is a white fiber husk derived from the seeds of the medicinal plant Plantago Ovata. It is a layer of mucilage around psyllium seeds which is separated through mechanical process. The husk is composed mostly of a fiber called hemicellulose which is a complex carbohydrate found in whole grains, fruits and vegetables. Literally, Psyllium husk is pure natural dietary fiber and widely consumed as bulk forming Laxative across the world. Psyllium husk can be consumed in natural form as well in flavoured form with Liquid like water, juice, milk etc.

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BIHANI ENTERPRISES Psyllium supply various grades of Psyllium husk with purity range from 80% to 99 % to meet requirements from a range of industries.

Health Benefits

- Mainly used to relieve constipation
- Helpful to treat mild diarrhea
- Promote digestive and Gastro Intestinal health
- May control Blood sugar
- May lower heart disease risk

Packing

- HDPE laminated Paper bag inside food grade liner – 15 Kg, 25 KG, 50 LBS
- PP Bags – 15 KG, 25 KG, 50 LBS
- Jute Bags – 25 KG, 50 LBS
- Fiber drums 25 KG – 50 KG

Description	Psyllium Husk 85%	Psyllium Husk 95%	Psyllium Husk 98%	Psyllium Husk 99%
Taste	Blend Mucilaginous	Blend Mucilaginous	Blend Mucilaginous	Blend Mucilaginous
Moisture	10% Maximum	10% Maximum	10% Maximum	10% Maximum
Swell Volume	35 ml/gm Min	50 ml/gm Min	60 ml/gm Min	70 ml/gm Min
Total Ash	4% Maximum	4% Maximum	4% Maximum	4% Maximum
Acid Insoluble Ash	1% Maximum	1% Maximum	1% Maximum	1% Maximum
Heavy Extraneous Matter	0.5% Maximum	0.5% Maximum	0.5% Maximum	0.5% Maximum
Light Extraneous Matter	15% Maximum	5% Maximum	2% Maximum	1% Maximum

PSYLLIUM POWDER

Botanical Names of Psyllium: Plantago Ispaghula, Plantago Ovata

Origin : India
Part Used : Psyllium Husk
Shelf life : 2 Years



Psyllium husk Powder is pulverized form of Psyllium Husk, which is derived from seeds of medicinal plant Plantago Ovata. Psyllium husk powder is considered pure natural dietary fibre and widely consumed as bulk forming Laxative across the world. Psyllium husk powder can be consumed in natural form as well in flavoured form with Liquid like water, juice, milk etc.

BIHANI ENTERPRISES supply various grades of Psyllium husk powder with purity range from 80% to 99 % and various mesh size from 40 to 100 to meet requirements from a range of industries

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Health Benefits

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Description	Psyllium Husk Powder 85%	Psyllium Husk Powder 95%	Psyllium Husk Powder 98%	Psyllium Husk Powder 99%
Taste	Blend Mucilaginous	Blend Mucilaginous	Blend Mucilaginous	Blend Mucilaginous
Moisture	10% Maximum	10% Maximum	10% Maximum	10% Maximum
Swell Volume	40 ml/gm Min	55 ml/gm Min	65 ml/gm Min	75 ml/gm Min
Total Ash	4% Maximum	4% Maximum	4% Maximum	4% Maximum
Acid Insoluble Ash	1% Maximum	1% Maximum	1% Maximum	1% Maximum
Heavy Extraneous Matter	0.5% Maximum	0.5% Maximum	0.5% Maximum	0.5% Maximum
Light Extraneous Matter	15% Maximum	5% Maximum	2% Maximum	1% Maximum

PSYLLIUM HUSK AND PSYLLIUM POWDER

Insect Infestation	Not more than 100 insect fragments including mites and psocides per 25 grams
Total Palate count	< 100,000 CFU/gm
Yeast & Mould	< 1000 CFU/gm
E Coli	Absent in 1 gm
Salmonella	Absent in 25 gm