





**Ashwatha Agri Commodities** specializes in Producing, manufacturing, exporting, and trading various agricultural products, including Makhana (Fox Nuts), Mangos, Liche and other seasonal fruits. With a strong global network of suppliers and buyers, the company connects farmers and producers to domestic and international markets, **ensuring fair trade and competitive prices** 



# Why Ashwatha Agri Commodities?

One of the key strengths of Ashwatha Agri Commodities is its deep knowledge and understanding of the agricultural industry. The company's team of experts monitors global market trends, weather conditions, and crop forecasts to make informed decisions and provide valuable insights to their clients. This helps in managing market risks and optimizing supply chains.

In addition to trading, Ashwatha Agri Commodities also focuses on quality control and food safety. The company adheres to strict quality standards and works closely with farmers and suppliers to ensure that products meet international quality specifications. By collaborating with trusted partners and implementing rigorous quality control measures, the company is able to deliver superior products that satisfy the requirements of their customers.

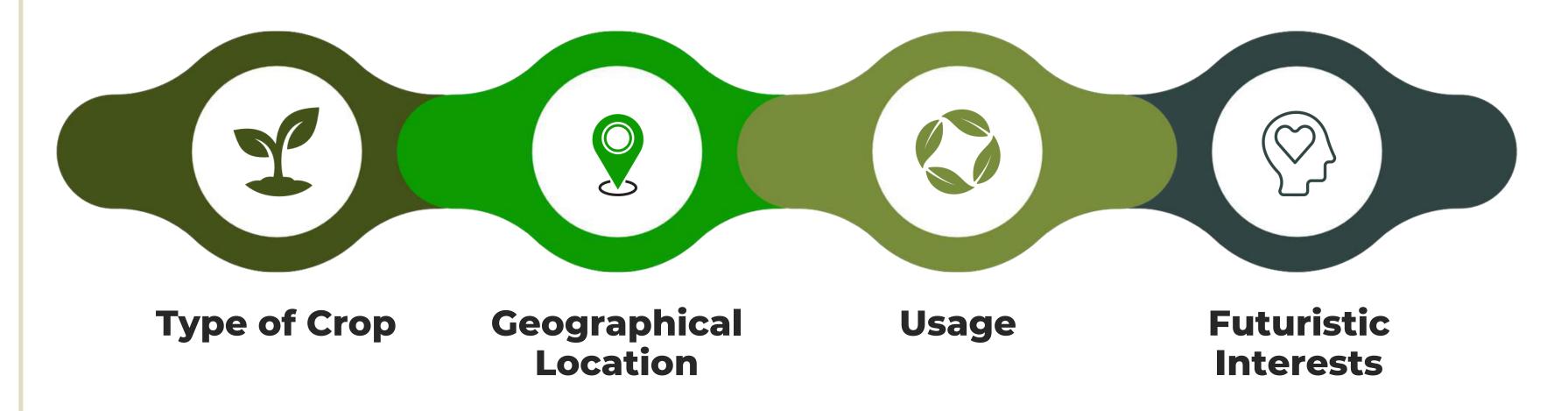
Overall, Ashwatha Agri Commodities is a trusted name in the agricultural trading industry, known for its reliable sourcing, excellent quality, and professional service. With its strong market presence and customer-centric approach, the company continues to play a significant role in connecting agricultural producers and buyers worldwide.



## From Awareness to Consideration



Phool Makhana is a superfood that offers many health benefits, such as reducing the risk of heart disease, anti-aging properties, lowering the risk of diabetes and obesity, decreasing blood sugar levels, regulating blood pressure, and more





Makhana is the most popular name in India for <u>Euryale ferox</u>, a flowering plant classified in the water lily family (Nymphaeaceae) and the only extant species in the genus Euryale.

It is extensively grown in marshy wetlands, tanks, ponds and lakes, and harvested for its seed. Other common names include prickly water lily seeds, popped lotus seeds, foxnut or gorgon nut.





#### A balanced intake of Makhana:

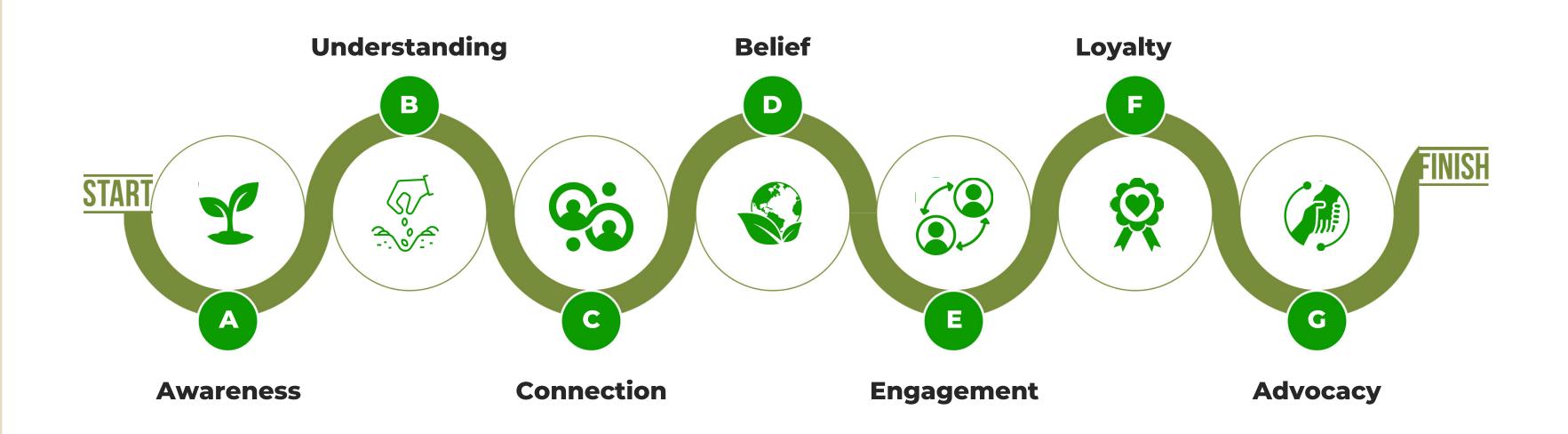
- Reduces the risk of heart disease
- Has anti-ageing properties (an anti-aging enzyme)
- Decreases risk of arthritis
- Reduces the risk of diabetes and obesity
- Has a low glycemic index
- Prevents and/or provides relief from diarrhoea
- Reduces blood sugar levels
- Acts as a blood pressure regulator
- Good for digestion, irrespective of age
- Improves appetite
- Enhances sexual performance
- Have astringent properties that is beneficial for kidney
- Relieves numbness
- Helps respiratory system, veins & digestion
- Good for the treatment of insomnia, palpitations, irritability
- Contains 12% of healthy protein good for vegetarians







Audience will start investing time and efforts into the thought which are supported and circulated by Agri Experts will add Belief and have a sustainable engagement for our Products and building direct brand loyalty.









### Objective

- > To promote the amazing health-giving benefits of Makhana
- To become the most trusted Knowledge Centre and resource for all Makhana related information and statistics worldwide

#### **Our Mission**

To promote **Makhana** as the essential healthy ingredient in diets worldwide and to give back to the Makhana farming community in **Bihar** 

#### **Our Vision**

To see **Makhana** become an **essential healthy ingredient** of choice in diets worldwide for the good of all; for demand to drive a market changing increase in production; and to make sure the hardworking Makhana farming community in **Bihar** deservedly shares significantly in that **success** 



Ashwatha Agri Commodities - Building Trust



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